

Dr. Marcia Bailey



MOMMA MOVE
10-DAY DEVOTIONAL



Hey Momma!!

I believe that God has given me the grace to coach and challenge women to take limits off their lives by stretching and believing in their potential.

Regardless of your age, *Momma Move Devotional* will empower you to trust and believe God for the strength to break free from thinking that limits faith.

Tomorrow has so much opportunity for us, but only if we move.

It's my prayer that the *Momma Move Devotional* will inspire, motivate, and challenge you to move into all that God has purposed and planned for you.

Enjoy and Move!

Dr. Marcia Bailey

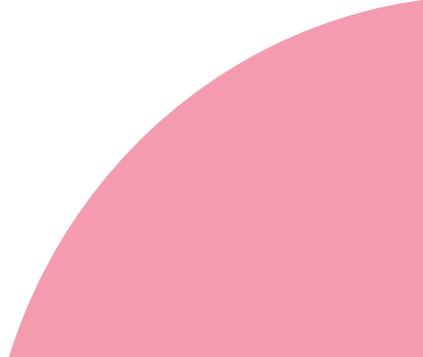


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MOMMA MOVE

Deborah Our Shero

Day 1

Deborah ruled Israel as a judge and prophetess from 1107 to around 1067. She sat under a palm tree and listened to the concerns of the people. She was a woman ahead of her time called by God to not just lead God's people politically or spiritually, but also as a strategic general for Israel. When she saw what was happening to God's people, she made a decision to move... she arose as a mother in and for Israel.

Deborah made the decision to move from sitting as a judge to warring as God's general and strategist for Israel.

Our world is in crisis and in desperate need of a generation to arise...to move! When you watch the news or hear about a situation that is plaguing your community, do you feel a tug in your heart? Do you wish you could do something? Is there a possibility that God is calling you to move and get involved with something bigger than you can imagine?

I believe that there is a generation of women who are Deborahs sitting before God who are willing and ready to rise to the call—the call to lead, to break through barriers, and move toward their destiny.

Deborah was already serving God at a level that was beyond her socialization as a woman. She was a wife, a prophetess, and a judge. She could have said, "I'm already doing enough!" But she did not say that, she moved.

SCRIPTURE MEDITATION:

Judges 5:6-7 NLT

[6] In the days of Shamgar son of Anath, and in the days of Jael, people avoided the main roads, and travelers stayed on winding pathways. [7] There were few people left in the villages of Israel-until Deborah arose as a mother for Israel.

TAKE A MOMENT

Is there anything keeping you from moving to that thing that looks bigger than life?

Is there anything in the news or going on in your community that tugs on your heart?

Make a list of things you need to move away from and move towards.

LET'S PRAY:

Father, help me to not allow my crowded life to make me think I don't have room to move. Help me to see that there is a need for me to shift, get up and move into my greater purpose. In Jesus' name. Amen.

NOW, LET'S MOVE...

MOMMA MOVE

What Are You Afraid Of? Go for It! Day 2

Self-doubt and fear will paralyze you with procrastination.

Tomorrow isn't promised. It is a hard pill to swallow when you look back on your life and wish you should have because you could have but just didn't.

We must ask ourselves when we feel fear gripping our hearts, what will I gain by playing it safe? What am I afraid of? Will my life crash and burn because I failed or it's much harder than what I expected? My friend, Momma, we have to stop counting ourselves out and telling ourselves we do not have what it takes to start a business, write a book, or go back to school. We spend so much time thinking about possible failure and inadequacy that we allow opportunities to remain unconquered. Don't stay in *Fearville* any longer. **Momma Move** because you have nothing to lose.

SCRIPTURE MEDITATION:

2 Kings 7:3-8 KJV

[3] And there were four leprous men at the entering in of the gate: and they said one to another, Why sit we here until we die? [4] If we say, We will enter into the city, then the famine is in the city, and we shall die there: and if we sit still here, we die also. Now therefore come, and let us fall unto the host of the Syrians: if they save us alive, we shall live; and if they kill us, we shall but die. [5] And they rose up in the twilight, to go unto the camp of the Syrians: and when they were come to the uttermost part of the camp of Syria, behold, there was no man there. [6] For the Lord had made the host of the Syrians to hear a noise of chariots, and a noise of horses, even the noise of a great host: and they said one to another, Lo, the king of Israel hath hired against us the kings of the Hittites, and the kings of the Egyptians, to come upon us. [7] Wherefore they arose and fled in the twilight, and left their tents, and their horses, and their asses, even the

camp as it was, and fled for their life. [8] And when these lepers came to the uttermost part of the camp, they went into one tent, and did eat and drink, and carried thence silver, and gold, and raiment, and went and hid it ; and came again, and entered into another tent, and carried thence also, and went and hid it.

TAKE A MOMENT

What is God speaking to you through this passage?

What is trying to keep you paralyzed?

What do you need to do to break free?

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Been Here Long Enough

Day 3

God has not called us to live life in our comfort zone.

I am a creature of habit; I feel safe when my life is predictable. That stems from some trauma and instability in my childhood. I'm no longer that age, but somehow it has wired me to hang around people and levels that I have outgrown. I know what to expect and what is required even if I know in my heart that God is calling me to shift.

Change may not be easy, but it is necessary to move forward in purpose to reach destiny.

SCRIPTURE MEDITATION:

Deuteronomy 2:1-3 AMPC

[1] Then we turned, and took our journey into the wilderness by the way of the Red Sea, as the Lord directed me; and for many days we journeyed around Mount Seir. [2] And the Lord spoke to me [Moses], saying, [3] You have roamed around this mountain country long enough; turn northward.

TAKE A MOMENT

Is there anything keeping you from stepping out of your comfort zone?

PRAYER CONFESSION:

Father, I break free from all that keeps me in a circular motion. Today, I make the decision to turn from what's comfortable and walk toward my destiny. In Jesus' name. Amen!

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Rise and Slay

Day 4

Never give up on something that you can't go a day without thinking about.

Have you ever come up against something that knocked the wind out of you and brought you to your knees? I know I have. At times, life hit me so hard that it took the wind right out of me.

I will never forget the time when we were informed that one of my children would not be allowed back to school. It was 6 weeks from graduation! The principal also mentioned that he would need to appeal to return the following year. I could not wrap my brain around that news. After being moved by our pleas and distresses, they allowed our child entry to an alternative school with the expectation of a "certificate of attendance" from the alternative school and not a diploma from the high school. Sucker punched and head spinning, I went down for the count.

I eventually got up and made it to my feet to rise and fight for my child's destiny. It wasn't easy. I spent nights before the Lord and shed many tears, but we prevailed. That demon was slayed! If I can slay, so can you! You just have to rise, confront, and fight!

SCRIPTURE MEDITATION:

1 Samuel 17:20-23,46 AMPC

[20] So David rose up early next morning, left the sheep with a keeper, took the provisions, and went, as Jesse had commanded him. And he came to the encampment as the host going forth to the battleground shouted the battle cry. [21] And Israel and the Philistines put the battle in array, army against army. [22] David left his packages in the care of the baggage keeper and ran into the ranks and came and greeted his brothers. [23] As they talked, behold, Goliath, the champion, the Philistine of Gath, came

MOMMA MOVE

Eyes Straight Ahead Day 6

Refuse to get distracted by what others are doing. Keep your eyes on your race and run towards your goal.

When I ran track in college, my coach would yell at me for trying to look and see how close my competitors were. He would yell, "Marcia, you are losing time off your time." He would instruct me to keep my eyes straight ahead towards the finish line.

It took me a while to resist the urge to look over my shoulder but eventually, I got it. Running my best time and finishing became my focus.

When we make the decision to move toward our dreams, we also have to learn how to stay focused on the plan, the goal, and the race. Stay focused even though there may be others doing the same thing you are doing.

Don't get distracted by them. Do what God has called YOU to do. Keep moving forward, don't look back, and keep your eyes straight ahead.

SCRIPTURE MEDITATION:

Hebrews 12:2 KJV

[2] Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

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Bust a Move... Take a Step Day 7

The best time is now! Why are you waiting?

If I can go back and collect all the excuses I had for why I could not make a move, take a class, or go back to school, it would fill boxes and boxes. I was a mom of four kids, with a bi-vocational husband, and had no help to pursue personal dreams. Things looked impossible, and I really didn't know how I would be able to accomplish my dreams.

I needed some encouragement, a push, or a voice saying, "You can do it."

Fast forward to now, I would totally bust a move. I believe when you bust a move, God goes into action because you are in motion toward things He has placed in your heart.

I didn't know that the Holy Spirit was waiting for me to take a step, giving Him a reason to empower and anoint me to do those things that God had placed in my heart.

God will help you. He will grace you to do those things that you may feel in the natural are impossible. He is just waiting for you to bust a move toward a cause. Give Him a cause.

TAKE A MOMENT

What is your cause?

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Walk by Faith Day 8

The most challenging part of moving can be moving from what you know into the unknown.

Even though I knew it was time for us to leave Maine, a place where we built a life, family, and a home, it was one of the most exciting and scariest times of my life.

Maine was our training ground of faith! We read everything we could that was based on the word of faith. So, when my husband called and said there was a position available in Tulsa, Oklahoma, we jumped at it. Yet, at the same time, we were moving into the unknown. Once again, I was challenged with taking that step of faith and moving into the unknown based on a word from God.

To move, Mommas, we have to believe what God has shown us is safer, greater, better, and more secure than our current situation. Then choosing to follow the pull of God's word, one step at a time. This is how we walk by faith.

Many of us are finding ourselves looking for what God has spoken to us. We are trying to see it first before we take a step. But that is not how faith works. We must begin making moves, making moves one step at a time.

TAKE A MOMENT

What moves do you need to make?

1. _____
2. _____
3. _____

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I'm Afraid Day 9

I cannot begin to tell you how many times in life and moves within my purpose I had to do things scared.

We were living in Portland, Maine, and I was asked to be the emcee for a service. Friends, I was so nervous, and it showed! I rambled, stumbled over my words, and was shaking so hard that the paper was rattling. I eventually got it together and later was able to laugh about that experience. I did it scared, survived it, and learned that it was okay to have room for improvement. Doing it scared was the beginning of the journey toward my purpose and destiny.

So, Momma move! Put one foot in front of the other even if you are scared. Do it scared when you feel you will make a fool of yourself and people will laugh at you; when you feel that you are underqualified, not good enough for what you have in your heart to pursue; or you feel like you may be too young or even too old. Guess what my sister? God knows all of that, and He still wants you to move towards better and greater things.

Sis, close your eyes, see yourself winning, take a deep breath and let it out slowly. You got this! Take that first step, even if you are scared.

SCRIPTURE MEDITATION:

Psalm 27:1 KJV

[1] The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?

Romans 8:31-32 KJV

[31] What shall we then say to these things? If God be for us, who can be against us? [32] He that spared not his own Son, but delivered him up for us all, how shall he not with him also freely give us all things?

MOMMA MOVE

Through the Tears

Day 10

Never be ashamed of your tears because they release pain and make room for healing.

In 2017, S.W.A.T.A., our women's ministry, was planning its first *Encounter*. The conference is held in the month of August and God had laid on our hearts to facilitate a moment for women to gather to seek and experience Him. We were so excited and desperate for it. As a team, we had encountered so much warfare and intensity! We were exhausted but ready.

When August came around, we could not contain our excitement! We were almost there! Then, on August 6th, I got that dreaded call that I knew one day I would get. My mom had transitioned. The pain was unbelievable and uncontainable. Would it ever stop? What should I do? How could I host the *Encounter*, let alone minister while being in so much pain?

As I prepared to bury my mom in New Jersey, I heard the Lord say, "Marcia, I am here! Don't cancel the conference and don't get anyone to minister for you. Let your tears flow, don't hide them or be ashamed of them! I will get on them. In your darkest moment, I will give you light and strengthen you for your assignment."

Momma, He did just that! I let my tears flow! Honestly, they had a mind of their own, but I'm glad that they did. My tears helped me grieve, and they helped me release the pain that was being stored in my soul and plotting to hold my soul captive.

Life is unfair and sometimes your worst moments may show up when you are stepping into a God moment. If and when your worst nightmare comes, fall into the loving arms of our God and let your tears flow.

SCRIPTURE MEDITATION:

Psalm 56:8 KJV

[8] Thou tellest my wanderings: put thou my tears into thy bottle: are they not in thy book?

1 Samuel 30:4-6 KJV

[4] Then David and the people that were with him lifted up their voice and wept, until they had no more power to weep. [5] And David's two wives were taken captives, Ahinoam the Jezreelitess, and Abigail the wife of Nabal the Carmelite. [6] And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the Lord his God.

LET'S PRAY:

Father, I never expected to walk through a moment that hurt so bad. I feel like I have no strength to do or manage what you are requiring from me at this time. Please help me not to store this painful moment in my soul but release it through my tears so I can move forward and heal. In Jesus' name. Amen.

About the Author

Dr. Marcia Bailey is the Co-Founder of Right Direction Church International in Columbia, Orangeburg, Florence, and Fort Mill, SC, and the mother of four adult children and grandmother of five. She has lived in her native state of New Jersey as well as Maine, and Oklahoma before she and her family relocated to South Carolina in 1995. Working beside her husband, Bishop Herbert Bailey, they pastor a thriving, non-denominational church for 26 years of pastoral ministry.



Dr. Marcia pursued a Bachelor's degree in Special & Elementary Education at Seton Hall University in South Orange, NJ. Over the last twenty-six years, she has worked beside her husband as Assistant Pastor of Sanctuary Evangelistic Church in Tulsa, OK, and in the Church of God in Christ in Portland, ME. Before she and her husband founded RDCI, she served as a facilitator of Women's Counseling Groups and as a Director of Christian Education. In April of 2004, Pastor Marcia was honored with a Doctorate of Divinity degree from St. Thomas Christian College in Jacksonville, FL.

Her passion for God, as well as her experience and training in education, has uniquely qualified her as an administrator and as an anointed teacher and preacher of the Word of God. She has a strong anointing for prayer and intercession and is used by God in the Word of Wisdom and Discerning of Spirits. Dr. Marcia's ministry brings forth a message of faith, power, and whole life prosperity and she considers it an honor to be used by God to do the work of His Kingdom.