

Provided by Dr. Marcia Bailey

31-DAY *Prayer* **GUIDE**

**A 31-Day journaling guide
to help you grow closer to God.**

A Note From Dr. Marcia Bailey

*These prompts will help you **seek God intentionally** and deepen your spiritual walk with Him, guiding you to reflect, listen, and respond to His voice daily.*

*As you move through each day, may they stir your heart, strengthen your faith, and **draw you closer** to His presence.*



Day 1

Date: _____

Reflect on your relationship with God. Where do you feel close, and where do you feel distant? Pray for a deeper connection.

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Day 2

Date: _____

Write about a time when you felt God's presence strongly in your life. What made that experience meaningful?

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Day 3

Date: _____

Ask God to reveal any distractions that are pulling you away from Him. Write down ways you can eliminate or manage these distractions.

[illegible]

Day 4

Date: _____

Reflect on what it means to be loved unconditionally by God. How does this knowledge impact the way you live your life?

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Day 5

Date: _____

Meditate on a Bible verse that speaks to your heart today.

How does this verse apply to your current season?

[illegible]

Day 6

Date: _____

Pray for a teachable heart. Write about an area where you feel resistant to God's guidance or direction.

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Day 7

Date: _____

Reflect on the concept of trust. In what areas do you struggle to trust God fully? Pray for deeper trust in those areas.

[illegible]

Day 8

Date: _____

Write about an aspect of God's character (love, justice, mercy, etc.) that you want to understand more deeply. Ask for insight.

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Day 9

Date: _____

List three things you are grateful to God for today.

Spend time in prayer, expressing your thanks.

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Day 10

Date: _____

Reflect on how you spend your time. Are you making space for God each day? Write a plan for intentional time with Him.

[illegible]

Day 11

Date: _____

Write a prayer asking God to help you grow in faith, even when you don't understand His plan.

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Day 12

Date: _____

Think about a difficult situation in your life. How can you invite God into this challenge? Write a prayer for strength and guidance.

[illegible]

Day 13

Date: _____

Reflect on how God has answered prayers in the past. Write about a specific answered prayer and thank God for His faithfulness.

[illegible]

Day 14

Date: _____

Meditate on God's forgiveness. Is there something you need to bring before Him in repentance today? Write a prayer of confession.

[illegible]

Day 15

Date: _____

Reflect on how God speaks to you. Through Scripture, prayer, nature, or others? Write about how you hear His voice and ask to hear it more clearly.

[illegible]

Day 16

Date: _____

Consider how you can serve others as an expression of your love for God. Write down a specific way you'll serve this week.

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Day 17

Date: _____

Write about an area of your life where you want to surrender control to God. Pray for the courage to let go and trust Him.

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Day 18

Date: _____

Reflect on the role of the Holy Spirit in your life. Write a prayer asking the Holy Spirit to guide and strengthen you today.

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Day 19

Date: _____

Spend time meditating on God's promises. Write down a promise from Scripture that brings you comfort and hope.

[illegible]

Day 20

Date: _____

Write a prayer asking for a heart that is open to God's will, even when it is different from your own desires.

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Day 21

Date: _____

Reflect on the importance of community in your spiritual journey. How can you foster deeper connections with others who are seeking God?

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Day 22

Date: _____

Write about something you're struggling to let go of. Pray for the strength to release it into God's hands.

[illegible]

Day 23

Date: _____

Reflect on the ways God has provided for you in your life. Write a prayer of gratitude for His provision.

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Day 24

Date: _____

Write about a challenge you're facing. Pray for God's peace to fill your heart and mind, trusting that He is in control.

[illegible]

Day 25

Date: _____

Reflect on a person in your life who needs God's love. Write a prayer asking God to use you to show His love to them.

[illegible]

Day 26

Date: _____

Write about a time when you felt far from God. What brought you back into closeness with Him? Pray for continued intimacy.

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Day 27

Date: _____

Spend time in worship today. Reflect on how worship helps you grow closer to God and write about your experience.

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Day 28

Date: _____

Write about a spiritual practice (prayer, fasting, reading Scripture) that helps you feel closer to God. How can you incorporate this more into your life?

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Day 29

Date: _____

Reflect on how you handle trials and hardships. How can you lean more on God during difficult times? Write a prayer for strength and endurance.

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Day 30

Date: _____

Write about something you feel called to do for God's kingdom. Pray for boldness and direction in pursuing this calling.

[illegible]

Day 31

Date: _____

Reflect on your journey over the past month. How has your relationship with God deepened? Write a prayer of gratitude and commitment to continue growing.

[illegible]

**THE REAL QUESTION
ISN'T IF GOD IS
SPEAKING...
IT'S IF WE ARE
LISTENING.**

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